



Instructional Classes & Recreational Activities

SPRING & SUMMER 2015

UPCOMING SPECIAL EVENTS

DOCUMENT SHREDDING & SHOE COLLECTION EVENT

A free document shredding event will be held on Saturday, March 28th from 9:00 a.m. to 12:00 p.m. in the parking lot of the Aline Wolfe Adult Recreation Center (884 Church Street, Smyrna, 30080). Shredding will be done on site and paper will be recycled. There is a limit of 200 pounds of paper (8 file boxes) per car. Papers must be dry. Gently used shoes will be donated to MUST or recycled. We thank Iron Mountain for providing their services at no charge. This event is for paper and shoes only – no electronics, cardboard, binders, plastic, or shoes with metal spikes will be accepted. Call Keep Smyrna Beautiful at (770) 431-2863 for more information.

FLASHLIGHT EASTER EGG HUNT & MOVIE BY MOONLIGHT

Join us at Tolleson Park (3515 McCauley Road, Smyrna 30080) on Saturday, March 28th for a new twist to a beloved spring holiday tradition. Children age 10 years and younger are encouraged to bring a flashlight and Easter basket to the hunt. Children will be divided into age groups: Ages 5 years and younger hunt at 7:30 p.m. and ages 6 to 10 years hunt at 8:00 p.m. Immediately following the hunt everyone is invited to stay and watch the PG-rated, action-packed comedy-adventure feature film "Big Hero 6". Register for this event online at www.smyrnacity.com or in person at the Community Center or Wolfe Adult Recreation Center. For more information call (678) 631-5541. Advanced registration is \$5 per family of four or \$10 per family at the gate.

MOVIES BY MOONLIGHT

Pack a picnic...load-up the family and join us at Taylor-Brawner Park (3180 Atlanta Road, Smyrna, GA 30080) for our outdoor summer movie series. Admission is free of charge and movies begin at dark. The 2015 Movies by Moonlight line-up is as follows: May 16th Paddington, June 20th Alexander and the Terrible, Horrible, No Good Very Bad Day, July 18th Annie (2015), and August 15th Cinderella (2015). For more information call (678) 631-5541.

2015 SUMMER CONCERT SERIES

Mark your calendars...it's time to reserve tables for the outdoor concerts held on the Village Green in downtown Smyrna. Smyrna residents may reserve concert tables beginning Saturday, May 16th from 8:00 a.m. to 2:00 p.m. in person at the Wolfe Adult Recreation Center (884 Church Street, Smyrna, 30080). Proof of residency (photo ID with city water, tax bill or driver's license) is required at time of registration. Reservations are made on a first come – first served basis and are limited to two (2) tables per party – per concert. Tables are 48" rounds with seating for six (6). Table reservation fee for the June and July concerts is \$25 per table for residents and \$35 for non-residents. Reservation fee for the August Birthday Celebration is \$30 per table for residents and \$40 per table for non-residents. Non-residents may reserve tables on Tuesday, May 26th from 9:00 a.m. to 6:00 p.m. and are subject to availability. Concert dates are as follows: Saturday, June 6th, Saturday, July 11th, and Saturday, August 1st. For more information call (678) 631-5541.

SPRING JONQUIL FESTIVAL

Join your friends on the Village Green for the annual Spring Jonquil Festival on Saturday, April 25th from 10:00 a.m. to 6:00 p.m. and Sunday, April 26th from 12:00 noon to 5:00 p.m. Enjoy live entertainment and a wide selection of festival foods while you shop the arts and crafts market. For vendor information call (770) 423-1330 or find JRM Management on the web at www.jrmmanagement.com

JONQUIL CITY JOG

The Jonquil City Jog will be held on Saturday, April 25th. Visit www.smyrnacity.com for registration information.



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Smyrna Community Center • 770-431-2842 • www.smyrnacity.com

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SUMMER DAY CAMPS

SMYRNA SUMMER DAY CAMP



The Smyrna Day Camp program is designed for children 4 to 13 years of age. Camp includes arts & crafts projects, walking field trips, off-site field trips, fun sports, games and activities,

theme days, special guests and much more. Snacks are provided but each child must bring a sack lunch daily.

Extended Care: \$40 weekly (from 4:30 to 5:30 p.m.)

*Late pick-up after 5:30 pm will be charged \$1 per minute.

Strictly Enforced. No pro-rating. For more information call (404) 200-5759 or email smyrnadaycamps@gmail.com

Camp Director: Julia Shod

Camp Site: Community Center

Meets: Monday - Friday
7:30 a.m. – 4:30 p.m.

Camp Tuition: \$150 weekly resident
\$175 weekly non-resident
Plus a 1-time \$50 registration fee due at time of registration.

Camp Sessions:

| | |
|----------------------|----------------------|
| Week 1: June 1 - 5 | Week 5: July 6 - 10 |
| Week 2: June 8 - 12 | Week 6: July 13 - 17 |
| Week 3: June 15 - 19 | Week 7: July 20 - 24 |
| Week 4: June 22 - 26 | |

•No Camp during Week of June 29 – July 3

SMYRNA GYMNASTICS CAMP

Children 6 to 12 years of age (6 year olds must have completed kindergarten) learn tumbling skills, enjoy arts & crafts activities, play games, and much more. Limited space is available. Snack is provided but children are required to bring a sack lunch daily. For more information call (678) 766-1200.

Camp Director: Rita Matazinsky

Camp Site: Community Center

Meets: Monday – Friday
9:00 a.m. – 2:00 p.m.

Camp Tuition: \$125 weekly resident
\$135 weekly non-resident

Camp Sessions:

| | |
|---------------------|----------------------|
| Week 1: June 1 - 5 | Week 3: June 22 - 26 |
| Week 2: June 8 - 12 | Week 4: July 6 - 10 |

PLAY-WELL TEKNOLOGIES PRE-ENGINEERING USING LEGO

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special

Play-Well
TEKnoLogies



pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals.

Minimum enrollment: 11 / Maximum enrollment: 24

Ages: 5 to 7 years

Camp Site: Community Center

Date: June 29 – July 3

Meets: Monday – Friday
9:00 a.m. – 12:00 p.m.

Camp Tuition: \$176 resident / \$186 non-resident

PLAY-WELL TEKNOLOGIES ENGINEERING FUNDAMENTALS USING LEGO



Power up your engineering skills with Play-Well TEKnoLogies and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and

the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment.

An experienced instructor will challenge new and returning students to engineer to the next level.

Minimum enrollment: 11 / Maximum enrollment: 24

Ages: 8 to 11 years

Camp Site: Community Center

Date: June 29 – July 3

Meets: Monday – Friday
1:00 – 4:00 p.m.

Camp Tuition: \$176 resident / \$186 non-resident



ABRAKADOODLE ART CAMPS

Abrakadoodle Art Camps inspire kids to reach beyond and create art that is unique to them. By doing so, kids feel empowered to be creative and expressive. Your child's imagination will soar when given the freedom to explore and express themselves creatively. Abrakadoodle Art Camps are held at the Smyrna Community Center.

Minimum enrollment: 3 / Maximum enrollment: 20

For more information call (404) 591-5701 or visit online at www.abrakadoodle.com/ga07

Camp Director: Kim Eason Nubel

ABRAKADOODLE ART CAMP

WILD 'N WACKY ART (Ages 3 to 5 years)

Get silly! Get goofy! Get creative with Wild "N Wacky Art! Learn about modern artists while using a variety of materials and techniques to transfer your energy into art. We will play games and listen to stories and music from our own Abrakadoodle CD.

Date: June 1 – 5

Meets: Monday – Friday

9:00 a.m. – 1:00 p.m.

Camp Tuition: \$195 resident / \$205 non-resident

ABRAKADOODLE ART CAMP

REALLY BIG, GIGANTIC AND TEENY TINY ART

It's all about scale in this creative camp that will delight kids as they create art that challenges dimensions from enormous to miniature. Make both a gigantic sculpture and small sculptures using recycled products. Also, make murals, geometric sculptures, as well as playing creativity games with music to help set the tone, and much more.

Ages: 3 to 5 years

Date: June 8 - 12

Meets: Monday – Friday

9:00 a.m. – 1:00 p.m.

Camp Tuition: \$195 resident / \$205 non-resident

Ages: 6 to 12 years

Date: June 8 - 12

Meets: Monday – Friday

9:00 a.m. – 3:00 p.m.

Camp Tuition: \$225 resident / \$235 non-resident



ABRAKADOODLE ART CAMP

ZOODOODLE SAFARI

(Ages 3 to 5 years)

Lions and tigers and snakes, oh my! Off on safari we go and create jungle cats, monkeys, elephants and more when you go on this adventure with Abrakadoodle. Make safari art with paints, modeling materials and wild animal print papers. Play games listen and sing along to music plus tell animal stories while on the exploration. So pack your gear and let's take off on ZooDoodle Safari.

Date: June 15 - 19

Meets: Monday – Friday

9:00 a.m. – 1:00 p.m.

Camp Tuition: \$195 resident / \$205 non-resident

ABRAKADOODLE ART CAMP

BUILD IT! (Ages 3 to 5 years)

Kids are natural builders and this camp is all about building really cool stuff like large-scale sculptures, amazing structures, imaginative creatures, games and more. Kids work with a variety of tools and materials while combining wood, paint, glue, connectors, paper and kid's endless imaginations. Camp Build It encourages collaboration as well as the development of individual skills and brain power.

Date: July 27 – 31

Meets: Monday – Friday

9:00 a.m. – 1:00 p.m.

Camp Tuition: \$195 resident / \$205 non-resident

Smyrna Community Center
200 Village Green Circle, Smyrna, GA 30080
Phone: (770) 431-2842

Hours of Operation

Monday through Friday

6:00 a.m. to 10:00 p.m.

Saturday

8:00 a.m. to 10:00 p.m.

Sunday

1:00 p.m. to 6:00 p.m.

MATH & MUSIC MAKERS CAMP

Activities are centered on a daily mathematical concept. Children participate in musical activities introducing developmental appropriate music concepts while increasing their musical aptitude through music exposure and participation. Parents must provide snack and lunch each day. All supplies are included in the camp tuition fee.

Age Groups: 5 to 7 years (rising K – 2nd grade)
8 to 10 years (3rd – 5th grade)

Extended Care: 3:30 – 5:30 p.m. \$40 weekly

Late pick-up after 5:30 p.m. will be charged \$1 per minute.

Camp Directors: Tomaree Tarpley & Imani Thomas

Camp Site: Tolleson Park Dayroom

Meets: Monday – Friday
8:30am – 3:30pm

Camp Tuition: \$170 weekly resident
\$180 weekly non-resident

Camp Sessions:

Week 1: June 1- 5 Week 3: June 15 - 19

Week 2: June 8 - 12 Week 4: June 22 - 26



FACILITY CLOSINGS

In observance of the following holidays the Smyrna Community Center, Taylor-Brawner Hall, and the Wolfe Adult Recreation Center will be closed of the following dates:

| | |
|-----------------------|------------------------|
| Friday, April 3 | Good Friday |
| Saturday, April 4 | Day before Easter |
| Sunday, April 5 | Easter Sunday |
| Monday, May 25 | Memorial Day |
| Saturday, July 4 | Independence Day |
| Monday, September 7 | Labor Day |
| Thursday, November 26 | Thanksgiving Day |
| Friday, November 27 | Day after Thanksgiving |
| 12 noon December 24 | Christmas Eve |
| Friday, December 25 | Christmas Day |
| Friday, January 1 | New Year's Day |

NOTE: The Community Center will be closed 12:00 noon Thursday, December 24, 2015 through Friday, January 1, 2016.



COMMUNITY CENTER – FITNESS AREA

Smyrna ID Cards

City of Smyrna residents are required to purchase a Smyrna ID Card (\$5 annually) to utilize the Community Center – Fitness Area. Card holders receive a discounted rate on Fitness Area Passes. Residents are required to provide proof of residency in the form of a valid GA Driver's License or Smyrna water or tax bill with supporting photo ID.

City of Smyrna residents and non-residents are required to obtain a Fitness Area Pass to utilize the Fitness Area located upstairs in the small gymnasium. Passes may be obtained at the control desk in the lobby of the Community Center during regular business hours. For more information call (770) 431-2842.

Resident – Fitness Area Pass

\$2 daily pass \$5 monthly pass
\$15 quarterly pass \$50 annual pass

Non-Resident – Fitness Area Pass

\$2 daily pass \$15 monthly pass
\$45 quarterly pass \$150 annual pass



TOLLESON PARK POOL

3530 King Springs Road
(770) 431-2844

Tolleson Pool is a seasonally operated outdoor facility with an average depth of 5 ft. and features a 1-meter and 3-meter diving board and a spray park for non-swimmers 8 years and younger. You may sign-up yourself or your children for swim lessons during swim lesson registration, or even host a party at the pool.

Hours of Operation – Regular Season

Tolleson Pool opens to the public on Saturday, May 23 at 11:00am and remains open 7 days a week through August 2.

| | |
|-----------------|------------------------|
| Monday – Friday | 1:00 p.m. – 6:00 p.m. |
| Saturday | 11:00 a.m. – 6:00 p.m. |
| Sunday | 11:00 a.m. – 6:00 p.m. |

After Sunday, August 2, a weekend only schedule will exist through September 27.

2015 Night Swim Dates (7:30 – 9:30pm)

| | |
|------------------|--------------|
| June 29 – July 2 | July 20 - 23 |
| July 6 – 9 | July 27 - 30 |
| July 13 – 16 | |

Holiday Openings and Hours

| | |
|--------------|------------------------|
| Memorial Day | 11:00 a.m. – 6:00 p.m. |
| July 4 | 11:00 a.m. – 6:00 p.m. |
| Labor Day | 11:00 a.m. – 6:00 p.m. |

Daily Admission

\$3Patrons 16 years and younger
\$5Adults

Season Passes

Individual: \$50 resident / \$75 non-resident
Family: \$125 resident / \$150 non-resident
Purchase pool passes at the Smyrna Community Center Monday through Friday 8:00 a.m. to 10:00 p.m. beginning April 6. For more information contact the Community Center at (770) 431-2842.

Pool Parties

Pool parties are held on Friday and Saturday evenings from 7:30 to 10:30 p.m. and Sunday evening 7:00 to 10:00 p.m.

Pool Party Fee: \$200 residents / \$275 non-residents
Price includes two (2) lifeguards for up to 100 people.
You must book parties in person at the Community Center during regular business hours. For more information call (770) 431-2842.



Smyrna Swim and Dive Team

Registration dates and general information about the Smyrna Swim and Dive Team can be found on the Youth Sports page or online at www.smyrnasharks.org.

Lifeguard Search

Want to become a seasonal Lifeguard for the City of Smyrna? Applicants must be at least 16 years of age and can swim 500 meters, 8 laps of freestyle, 4 laps of breast stroke and 8 laps of choice freestyle or breast stroke. Retrieve a 10 lb. diving brick in deep water, demonstrate all water skills and pass a written exam. Call Tyler Addison at (678) 631-5393 about lifeguard certification classes.



ADULT AQUA EXERCISE / TOLLESON POOL



A perfect mix of water and workout that is ideal for the non-swimmer, non-dancer, senior adult or someone new to exercise. All movements are performed in waist to chest deep water. Routines are designed

to use each part of the body to its fullest capacity. Muscle pairs are strengthened, cardio respiratory endurance is increased and joints are moved through their full range of motion. Instructors leading these classes are water fitness certified.

Dates: June 1 – July 31
Meets: Monday through Friday
Time: 12:15 – 1:00 p.m.
Fee: \$5

Admission is free of charge with valid Wolfe Center – Pool Pass or valid Tolleson Pool Season Pass.

SWIM LESSONS

The City of Smyrna offers swim lesson programs for all ages at the Tolleson Park Pool. Swim lessons are taught 3 times a season for 2-weeks, Monday through Thursday with Friday as a rain-out make-up day.

* NEW REGISTRATION PROCESS

Online registration will be available through Active-Net the preceding Thursday before the first day of each session. In person registration is also available during the registration period and can be made during normal business hours at the Community Center. Please bring a City water bill or utility bill to prove Smyrna residency when registering in person. Limited space is available.

2015 Swim Lesson Dates

| | |
|-------------------------|---------------------------|
| Session 1: June 1 – 11 | Register May 28 – 31 |
| Session 2: June 15 – 25 | Register June 11 – 14 |
| Session 3: July 6 – 16 | Register June 25 – July 5 |

Swim Lesson Times

| | |
|---------------------|--------------------------|
| IPAP: | 10:05 a.m. to 10:35 a.m. |
| Level 1-6: | 10:45 a.m. to 11:30 a.m. |
| Level 1-6: | 11:45 a.m. to 12:30 p.m. |
| Level 1-6 & Adults: | 6:15 p.m. to 7:00 p.m. |

Night lesson dates will be determined by the Smyrna Sharks Swim Team home meet schedule. Night classes are held Monday – Friday (4 nights weekly)

Swim Lesson Fees

| | |
|-------|-----------------------------------|
| IPAP: | \$50 resident / \$85 non-resident |
| Ages: | 12 months – 5 years |

| | |
|--------|------------------------------------|
| RCLSP: | \$75 resident / \$125 non-resident |
| Ages: | 5 ½ years and older |

Swim Lesson Classes

Infant and Pre-School Program (IPAP):

12 months to 5 years of age. A parent or guardian accompanies infants. A non-disposable swim pant must be worn by all IPAP participants who are not potty trained.

Tadpoles: Ages 12 months – 2 years
Parent or guardian participation mandatory

Minnows: Ages 3 and 4 year olds
Parent or guardian may accompany the toddler but not mandatory

Seals: Ages 4 and 5 year olds
This class is designed for the true beginner



Red Cross Learn To Swim Programs (RCLSP)

The American Red Cross advises children be at least 6-years of age to enter the Learn to Swim Program, but allows for younger children to begin if they

have good water skills. The Red Cross Learn to Swim Program provides the child an opportunity to learn at his or her own pace. Children can move from one level to another as soon as the requirements of that level are successfully completed.

Level 1: Introduction to Water Skills

This class is designed for children 5 ½ years and older who have little or no swimming experience or who fear the water.

Level 2: Fundamental Aquatic Skills

This class is designed for children who are able to float and glide on their stomach and back and are comfortable going under water.

Level 3: Stroke Development

Students must be able to swim 50 yards consisting of backstroke and front crawl with rhythmic breathing to the side.

Level 4: Stroke Improvement

Students must be able to swim 100 yards without stopping (two laps) including a front crawl with rhythmic breathing, back crawl and elementary backstroke.

Level 5: Stroke Refinement

Students must be able to perform front crawl, back crawl, breaststroke, and elementary backstroke.

Level 6: Swimming and Skill Proficiency

Refines the strokes so students swim with ease, efficiency, power and smoothness over greater distances.



GYMNASTICS & TUMBLING

This program offered through Parks and Recreation is a multi-level recreational gymnastics program providing training for children ages 18 months to 12 years. Gymnastics and tumbling classes are taught at the Community Center. All class times are subject to change. Register in person at the Community Center or online at www.smyrnacity.com. Students are not allowed to enter class without a paid receipt.

NOTE: Monthly registration fees will vary based on the number of classes held during the month. Instructional classes will not meet in June and July.

Fall 2015 classes begin the first week of August.

Gymnastics Program Director: Rita Matazinsky

BEGINNER LEVEL

Children must be in Kindergarten to participate. Class includes beginner skills, rolls, jumps, handsprings, cartwheels, bars, mini-trampoline, beam, springboard, and vaulting skills. Also includes proper stretching techniques and flexibility matched with muscle control. (1-hour class)



| | | |
|---------------|---|-----------|
| <i>Meets:</i> | Wednesday | 5:30 p.m. |
| | Friday | 4:30 p.m. |
| | Friday | 5:30 p.m. |
| <i>Fee:</i> | \$40 monthly resident / \$50 non-resident | |



INTERMEDIATE LEVEL

Participants must be able to successfully perform a cartwheel before enrolling in this class. Class includes increased skills on all apparatus: begin unassisted

springboard over vault, pull-over on bars, unassisted mounts and dismounting skills. Also includes conditioning, proper stretching techniques and flexibility with muscle control. (1-hour class)

| | | |
|---------------|---|-----------|
| <i>Meets:</i> | Wednesday | 6:30 p.m. |
| | Thursday | 4:30 p.m. |
| | Friday | 6:30 p.m. |
| <i>Fee:</i> | \$40 monthly resident / \$50 non-resident | |



ADVANCED LEVEL

Children must be able to successfully perform a cartwheel and round-off to enroll in the class. Class includes advanced skills on all apparatus. Floor includes spotted skills such as back walk-over, standing back handspring, and front handspring.

| | | |
|---------------|---|-----------|
| <i>Meets:</i> | Wednesday | 4:30 p.m. |
| | Friday | 7:30 p.m. |
| <i>Fee:</i> | \$40 monthly resident / \$50 non-resident | |

JUNIOR TUMBLE BEARS

This class is designed for children ages 18-months to 2 ½ years. Parent and child explore movement through fun, age appropriate activities, encourages social skills in a non-competitive environment. (30-minute class)

| | | |
|---------------|---|------------|
| <i>Meets:</i> | Wednesday 1 | 1:00 a.m. |
| | Thursday | 11:00 a.m. |
| | Friday | 10:30 a.m. |
| <i>Fee:</i> | \$30 monthly resident / \$40 non-resident | |

TUMBLE BEARS

This class is designed for children 2 ½ to 3 years of age. Children explore movement through fun, age appropriate activities, encourages social and developmental skills in a non-competitive environment. (30-minute class)

| | | |
|---------------|---|------------|
| <i>Meets:</i> | Wednesday | 11:30 a.m. |
| | Thursday | 11:30 a.m. |
| | Friday | 12:00 p.m. |
| <i>Fee:</i> | \$30 monthly resident / \$40 non-resident | |

ADVANCED TUMBLE BEARS

Children 3 and 4 years of age will be introduced to basic gymnastic skills and equipment in a fun energized but structured environment. (45-minute class)

| | | |
|---------------|---|------------|
| <i>Meets:</i> | Wednesday | 12:00 p.m. |
| | Thursday | 10:00 a.m. |
| | Friday | 11:00 a.m. |
| <i>Fee:</i> | \$35 monthly resident / \$45 non-resident | |

PRE-SCHOOL GYMNASTICS

This class is designed for children 4 years and 5 years of age. Introduces proper stretching techniques, understanding basic gymnastics terms, skills, and equipment. This class prepares children for the Smyrna Gymnastics Program. (1-hour class)

| | | |
|---------------|---|-----------|
| <i>Meets:</i> | Wednesday | 1:00 p.m. |
| | Thursday | 1:30 p.m. |
| | Friday | 5:30 p.m. |
| <i>Fee:</i> | \$40 monthly resident / \$50 non-resident | |

SMYRNA COMMUNITY DANCERS

Classical ballet and pre-ballet classes taught with age appropriate and classical music. Register in person at the Community Center or online at www.smyrnacity.com. Students will not be allowed to enter class without a paid receipt. No pro-rating for classes missed unless the Community Center is closed. Students may do make-up classes email smyrnadancers@gmail.com

NOTE: Monthly registration fees will vary based on the number of classes held during the month.

CLASS ATTIRE: Students may wear a leotard of any color and skirt, if desired, pink tights, and pink leather ballet slippers. Call Mary McGehee at (404) 695-7563 or email her at smyrnadancers@gmail.com for June class schedule. No classes taught during the month of July. Fall 2015 class schedule will resume the first week of August.

Dance Program Director: Mary McGehee

MOMMY & ME BALLET (AGES 2 AND 3 YEARS)

Work with an experienced teacher to explore rhythms and music by using musical instruments and other props along with recorded music. Parent or guardian must accompany child. Students introduced to the basics of Ballet. (30-min. class)

Meets: Saturday 10:00 a.m.
Fee: \$40 monthly resident / \$50 non-resident

ONCE UPON A TIME: TWINKLE TOES BALLET (AGES 2 ½ TO 4 YEARS)

Sing, Dance, and Create! Follow popular TV shows as you learn the basics of Ballet. Dancers will have a great time dancing to music of "Frozen" and other wonderful songs and will also grow in poise, grace, coordination and teamwork creating a special parent show. (45-min. class)

Meets: Tuesday 11:00 a.m.
Wednesday 4:45 p.m.
Thursday 4:30 p.m.
Saturday 10:30 a.m.
Fee: \$40 monthly resident / \$50 non-resident

CREATIVE MOVEMENT AND DANCE (AGES 3 ½ TO 5 YEARS)

Students grow in mental and physical development with a teacher experienced in teaching the basics of Ballet and Tap while exploring creative ways to use movement. Students will participate in all parent shows. (45 min. class)

Meets: Thursday 3:45 p.m.
Saturday 10:30 a.m.
Fee: \$40 monthly resident / \$50 non-resident

BEGINNING BALLET & TAP (AGES 5 TO 7 YEARS)

This is a more structured introduction to the discipline of Ballet, as students learn basic steps, positions, stretching and alignment. Combinations of steps will be stressed in both Ballet and Tap segments. Dancers will learn a Ballet and Tap dance for all recitals. (1-hr. class)

Meets: Wednesday 3:45 p.m.
Saturday 11:15 a.m.
Fee: \$40 monthly resident / \$50 non-resident

INTERMEDIATE BALLET & TAP (AGES 8 YEARS & OLDER)

Students will master barre and center work, with advanced Ballet and Tap steps and lengthy combinations of movements. Stretching, strengthening, and choreography are stressed as dancers develop into dancers who can quickly learn complex dances. This class prepares dancers for advanced study and pre-pointe and prepare a dance to present in all company recitals. (1-hr. class)

Meets: Saturday 11:15 a.m.
Fee: \$40 monthly resident / \$50 non-resident

FUNKY FUSION HIP HOP (AGES 6 TO 12 YEARS)

Have a blast, express yourself and stay fit while moving to popular music. Warm-up with high action exercises and learn the basics of hip hop and modern dance techniques. Dancers will perform in all recitals. (45-min. class)

Meets: Wednesday 4:30 p.m.
Fee: \$40 monthly resident / \$50 non-resident



MUSIC PROGRAM



YOUTH & ADULT PIANO LESSONS

This program is designed for ages 5 years and older. Youth and adult piano classes are held at the Community Center and are designed to help each student enjoy the process of making music and developing a greater appreciation for music. This class emphasizes technique, music reading, repertoire, music theory, and piano performance. The individual attention received during the weekly sessions encourages the fullest development of a student's piano skills. Classes for all skill levels: beginner, early intermediate, intermediate, late intermediate, and advanced. For more information about class days and times, contact Juanita Barlow at (770) 369-0146.

Fee: \$85 monthly resident / \$95 non-resident



SMYRNA PARKS & RECREATION STAFF

(770) 431-2842

Steve Ciaccio – Director
Tyler Addison – Athletics & Aquatics Coordinator
Steve Branyon – Sr. Park Ranger
Theresa Galletta – Event Coordinator Brawner Hall
Travis Landrum – Assistant Director
Patrick Law – Park Ranger
Jodi Mills – Recreation Coordinator
Jessica Myers – Admin. Assistant & Parks Permits
Ashley Wade – Office Assistant
Patty Wilson – Sr. Recreation Coordinator

City Web Site: www.smyrnacity.com



BRAWNER HALL TAYLOR – BRAWNER HOUSE

Two of Smyrna's crown-jewel special event facilities are located within the city's 10-acre Taylor – Brawner Park. The Taylor – Brawner House, a circa 1890 home, and Brawner Hall, a stately two story Greek Revival-style facility, share more than 100 years of history yet offer very different settings for your special event.



AUNT FANNY'S CABIN

Aunt Fanny's Cabin, now the Smyrna Welcome Center, was once a famous southern-themed restaurant. Built in the 1890's, the cabin was converted into a restaurant in 1941. During its five decades of operation, the cabin was visited by local residents as well as famous movie stars, sports figures, and politicians whose autographed photos graced the walls.

Today, these charming venues are perfect for hosting small dinner parties, weddings, wedding receptions, baby showers, retirement parties, and club meetings.

For rental information contact Theresa G. Galletta, Event Coordinator at (678) 631-5545 or email BrawnerHall@smyrnaga.gov or TGalletta@smyrnaga.gov

Office Hours

Monday and Thursday
10:00 a.m. to 7:00 p.m.
Tuesday, Wednesday, and Friday
9:00 a.m. to 6:00 p.m.

ATHLETICS

SMYRNA BASKETBALL ASSOCIATION

SBA is open to children ages 6 to 16 years. Focus is primarily on the development aspects of the sport for players emphasizing teamwork and sportsmanship.

For fees and registration information visit:

www.smyrnabasketball.com

President: Gordon Ross

SMYRNA LITTLE LEAGUE

SLL has a baseball skill division for all ages.

Tee Ball & Pee Wee: Ages 5 – 6 years

Minor 2: Ages 7 – 8 years

Minor 1 & Majors: Ages 9 – 12 years

Big League: Ages 13 – 18 years

For fees and registration information visit:

www.smyrnalittleleague.com

Co-Presidents: Jodi Rutigliano & Heather O'Tuel

SMYRNA YOUTH FOOTBALL & CHEERLEADING

SYFC is a fun and exciting youth football experience for boys and girls of all ages.

80 lbs: Ages 5 – 6 years

90 lbs: Ages 7 years and under

100 lbs: Ages 8 years and under

110 lbs: Ages 9 years and under

120 lbs: Ages 10 years and under

140 lbs: Ages 12 years and under

For fees and registration information visit:

www.smyrnaseahawks.org

President: Darryl Davis

SMYRNA YOUTH SOCCER CLUB

SYSC offers a competitive and fun soccer program for ages U4 through U 19. For fees and registration

information visit: www.smyrnasoccer.org

President: Eric Homansky

SMYRNA SWIM AND DIVE TEAM

SST provides an exciting summer aquatic team experience for swimmers ages 4 to 18 years. For fees and registration

information visit: www.smyrnasharks.org

President: Chris Lash

SMYRNA T-BALL & YOUTH BASEBALL

This organization provides an opportunity for boys and girls ages 4 to 7 years to learn and improve skills in the fundamentals of baseball in a fun, learning environment.

For fees and registration information visit:

www.smyrnatball.com

SMYRNA YOUTH TRACK

SYT provides an opportunity for boys and girls ages 6 to 14 years to develop fundamental skills in track and field events. For fees and registration information visit:

<http://smyrnaelite.com>

President: A.J. Davis

ADULT BEACH VOLLEYBALL

This co-ed outdoor recreation league provides beach league play experience. Ladies Power 4's games are held on Mondays, Co-ed Power 4's games are held on Wednesdays and Thursdays depending on skill level.

Fees must be paid at time of registration. Registration dates for the upcoming season are posted online, visit

www.smyrnacity.com.

Fees: \$180 for a 7-week season or round robin matches with tournament

ADULT SOFTBALL

Recreational and competitive leagues for men and women 18 years and older. This league offers one Co-ed League, one Church Civic League, and one Men's Open League.

Fees must be paid during the registration period. All games are played at Tolleson Park. Registration dates for the upcoming season are posted online, visit

www.smyrnacity.com for details.

Fees: \$455 per team for a twelve game season with single elimination tournament

ADULT BASKETBALL

One of the more popular basketball leagues in GA. League consists of Monday Church Civic Men's,

Monday Women's League, and Thursday Men's Competitive. Participants must be 18 years or older. Fees must be paid during the registration period. All games are played at the Community Center. Registration dates for upcoming season are posted online, visit www.smyrnacity.com for details.

Fees: \$420 per team for an eight game season with single elimination tournament

TAE KWON DO

Tae Kwon Do is a Korean martial art that benefits everyone. Focus is on building self-confidence, discipline, stretching, coordination, memorization skills and of course kicking and punching. These tools are the fundamentals that will help in all sporting activities and overall good health. Promotion tests will occur periodically when the student is ready. A nominal promotion test fee is charged. Also, in addition to the fees paid for class, there is a \$20 uniform fee due to the instructor. Classes are taught at the Community Center by 5th degree Master Instructors who have competed at the highest levels nationally and internationally. For more information about classes please contact Jinsue Park at jinsueparktkd@gmail.com
Co-Directors: Jinsue Park and Susan Park George



BEGINNER LEVEL

This is a co-ed class for students ages 5 to 17 years.

Meets: Tuesday OR Friday 4:30 p.m.
Fee: \$50 monthly resident / \$60 non-resident

TAE KWON DO – 2x

This co-ed class is offered twice a week for students who are ready to take on more practice.

Meets: Tuesday and Friday 4:30 p.m.
Tuesday and Friday 5:30 p.m.
Fee: \$80 monthly resident / \$90 non-resident

ADVANCED LEVEL

This class is specifically for orange to black belt students. Training will involve target practice, kicking drill, forms (pomsea), and Olympic-style sparring. Please confirm with the instructor first on your ability before signing up to insure the correct learning level.

Meets: Tuesday OR Friday 5:30 p.m.
Fee: \$50 monthly resident / \$60 non-resident

BLACK BELTS ONLY

This class is designed for those at black belt levels and is by invitation only.

Meets: Friday 6:30 p.m.
Fee: \$50 monthly resident / \$60 non-resident

ADULT WELLNESS

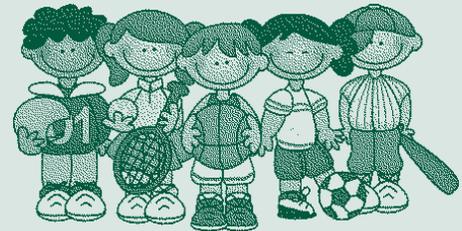
HATHA & KUNDALINI YOGA



Yoga enhances all areas of your life. Experience the healing benefits from just one class. Improve focus, balance, muscle tone, release tension, cleanse at the cellular level, elongate and strengthen muscles, lose weight, uplift the attitude, increase lung capacity, relax your body, mind and spirit. Certified Yoga Instructor, Janice Metzel teaches this 1 ½ hour class at the Community Center. Participants should wear comfortable clothing and bring a personal yoga mat, bottle water, and an additional blanket, a towel, or sweatshirt for the concluding relaxation portion of class.

Meets: Monday and/or Wednesday
6:30 – 8:00 p.m.
Fee: \$17 drop-in resident / \$19 non-resident
\$78 (6 classes) resident / \$88 non-resident
\$100 (8 classes) resident / \$110 non-resident

NEW FROM JUST WELLNESS, INC. YOUTH GROUP FITNESS CLASS



YOUTH CONDITIONING

This SAFE and EFFECTIVE conditioning class is designed for the youth (3rd grade thru 7th grade – BOYS and GIRLS). This is a great way to condition your kiddo for their current sports program (basketball, soccer, baseball, etc.) or just for general weight loss and GOOD HEALTH and FUN. Drills include footwork, agility, speed and overall good and healthy conditioning. All fitness levels are welcome. Classes taught at the Community Center. This is a 45-minute class. For more information contact Just Wellness at justwellnessinc@yahoo.com or call (404) 291-4908.

Begins: March 16
Meets: Monday 7:00 p.m.
Fee: \$25 (4 classes) monthly

ADULT GROUP FITNESS

We welcome you to join this awesome experience...a variety of energizing classes taught by motivating instructors. Join at any time. Let us help YOU keep your commitment to take care of YOU.

Monday

9:00 a.m. Tabata
6:00 p.m. Cardio BLT
8:00 p.m. Yoga

Tuesday

6:30 p.m. Pilates
7:30 p.m. Zumba

Wednesday

9:00 a.m. 20/20/20

Thursday

6:30 p.m. Zumba
7:30 p.m. Yoga

Friday

9:00 a.m. Yoga – Core

Saturday

8:30 a.m. Zumba

FEE STRUCTURE

Classes are \$4 each. To register online, visit: www.smyrnacity.com, then click on "Recreation Activities and Programs", then click on "View Details". You may register for 3, 4, 6, 9 classes at a time. Select the number of classes you want to take for the month, then multiply this number by \$4. If you are a Smyrna resident, this is your TOTAL. If you are a non-resident, after multiplying your chosen number of classes by \$4, add an additional \$10 for your TOTAL. You may also register for Unlimited Classes (\$40 monthly residents / \$50 non-residents).

NOTE: You cannot carry over classes to the next month; therefore, if you miss an anticipated class, feel free to attend another class to make-up the missed one "before" the month ends. You will be asked to sign-in WITH your paid receipt number at each class. Classes are taught at the Community Center.

CLASS DESCRIPTIONS

We recommend that you wear comfortable clothing and bring a bottle of water to class. For your health, we also recommend that you bring your personal exercise mats, weights, and yoga props to each class. For more information call the Community Center at (770) 431-2842.

Tabata:

New! This is a wonderful TOTAL BODY workout! Join us for incredible intervals of cardio, strength, and core exercises. If you are looking for a way to condition your body and meet your fitness goals...this is the class you'll want to attend.

Cardio / BLT:

New! This double dose workout is amazing! 30 minutes of CARDIO followed by 30 minutes of exercises that will tone the Butt, Legs, and Thighs.

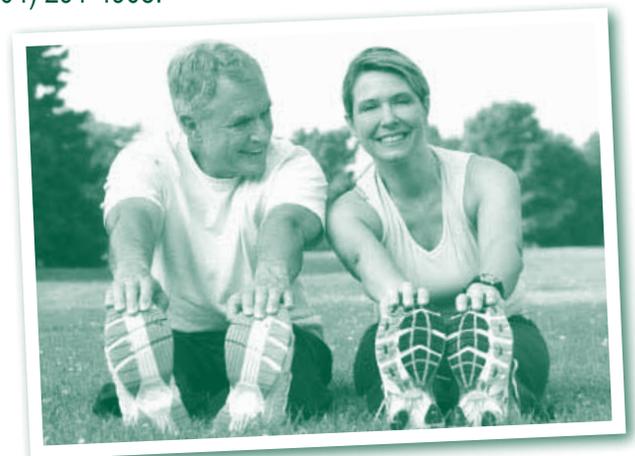
20/20/20

New! Triple Threat! This three-fold class will always include THREE entities (step, kickboxing, speed walking, strength, core, flexibility...and the list goes on). The instructor will provide lots of variety from week to week based on participation.

Yoga-Core:

New! Don't miss this incredible mind-body class that enhances overall flexibility, strength and core stability. Walk away feeling stronger, fit and confident!

This Group Fitness Program is managed by Just Wellness, Inc. For information about personal training and new upcoming weight loss incentive program contact Just Wellness at justwellnessinc@yahoo.com or call (404) 291-4908.



ADULTS: 55 YEARS & OLDER

WOLFE ADULT RECREATION CENTER

The Wolfe Adult Recreation Center opened in 2009 and was built exclusively for adults 55 years of age and older. The Wolfe Center is located at 884 Church Street and features an arts & crafts room, meeting room, exercise classroom, an indoor heated therapy pool, and a fitness room complete with state of the art exercise equipment designed especially for senior adults.

By providing aquatic exercise, a wide variety of fitness classes and social opportunities will help you become more “health conscious” and realize you’re never too YOUNG to exercise and maintain good health and wellness.

Hours of Operation

Monday through Thursday 8:00 a.m. to 7:00 p.m.
Friday and Saturday 8:00 a.m. to 2:00 p.m.
Closed Sunday

Wolfe Center Membership

Residents: \$25 annual / \$20 semi-annual
Non-Residents: \$55 annual / \$35 semi-annual

Fitness Room Pass

Residents: \$10 monthly / \$100 annual
Non-Residents: \$10 monthly / \$120 annual

NOTE: You must purchase an annual Wolfe Center Membership and complete a Health History Form before working out in the Fitness Room.



WOLFE RECREATION CENTER STAFF
884 Church Street, Smyrna, 30080
(678) 631-5541

Larry Blomberg – Head Lifeguard
Shae Corso – Part Time Lifeguard
Jodi Mills – Recreation Coordinator
Ronnie Myers – Head Lifeguard
Patty Wilson – Sr. Recreation Coordinator /
Facility Manager

WOLFE RECREATION CENTER - THERAPY POOL

Persons with special needs and adult 55 years of age and older are permitted to use this facility. Those using this facility are required to obtain a Therapy Pool Pass. Annual and semi-annual passes for City of Smyrna residents may be obtained at the Wolfe Center during regular business hours. Proof of residency or ownership of property is required in the form of a City of Smyrna water or tax bill and GA driver’s license or photo ID.

Non-residents are defined as those who do not reside or own property inside the city limits of Smyrna but do reside within the boundaries of Cobb County. Annual and semi-annual non-resident passes may be obtained during regular business hours.

Persons with special needs and under the age of 55 years must be currently under a physician’s care, possess a signed prescription defining the need for aquatic therapy and reside within the boundaries of Cobb County. Children with special needs under the age of 18 years must be accompanied by a parent or guardian.

Member’s guests are required to complete and sign a Health History Form and pay \$5 before entering the pool.

All water fitness classes and therapy classes are taught by certified water fitness instructors.

Therapy Pool Pass

Residents: \$45 annual / \$35 semi-annual
Non-Residents: \$120 annual / \$65 semi-annual
Drop-in Pass: \$5 per visit

NOTE: Passes may be purchased during regular business hours. Payment Options: personal check (payable to the City of Smyrna), cash, debit card, or major credit card (Am Ex, Discover, Visa and Master Card)



DAILY AQUATIC SCHEDULE

WOLFE CENTER – THERAPY POOL

884 Church Street, Smyrna – (678) 631-5541

Hours of Operation

Monday through Thursday 8:00 a.m. to 7:00 p.m.
 Friday and Saturday 8:00 a.m. to 2:00 p.m.
 Closed Sunday

Monday

8:00 – 9:00 a.m. Water Walk & Lap Swim
 9:00 – 10:00 a.m. Water Walk & Lap Swim
 10:00 – 11:00 a.m. Advanced Aqua Fit
 11:00 – 12:00 p.m. H2O Flow
 12:00 – 1:00 p.m. Water Walking Class
 1:00 – 2:00 p.m. Water Walk Only
 2:00 – 3:00 p.m. Lap Swim Only
 3:00 – 4:00 p.m. Aqua Boot Camp
 4:00 – 5:00 p.m. Easy Tone & Stretch
 5:00 – 5:45 p.m. Lap Swim Only
 5:45 – 6:45 p.m. Advanced Aqua Fit

Tuesday

8:00 – 9:00 a.m. Water Walk & Lap Swim
 9:00 – 10:00 a.m. Aqua Tone & Fit
 10:00 – 11:00 a.m. Lap Swim Only
 11:00 – 12:00 p.m. H2O Flow
 12:15 – 1:00 p.m. Ai Chi
 1:00 – 2:00 p.m. Hip, Knee, & Back Class
 2:00 – 3:00 p.m. Water Walk Only
 3:00 – 4:00 p.m. Aqua Boot Camp
 4:00 – 5:00 p.m. Easy Tone & Stretch
 5:00 – 5:45 p.m. Water Walk Only
 5:45 – 6:45 p.m. Advanced Aqua Fit

Wednesday

8:00 – 9:00 a.m. Water Walk & Lap Swim
 9:00 – 10:00 a.m. Water Walk & Lap Swim
 10:00 – 11:00 a.m. Advanced Aqua Fit
 11:00 – 12:00 p.m. H2O Flow
 12:00 – 1:00 p.m. Water Walking Class
 1:00 – 2:00 p.m. Water Walk Only
 2:00 – 3:00 p.m. Lap Swim Only
 3:00 – 4:00 p.m. Aqua Boot Camp
 4:00 – 5:00 p.m. Easy Tone & Stretch
 5:00 – 5:45 p.m. Lap Swim Only
 5:45 – 6:45 p.m. Water Walk Only

Thursday

8:00 – 9:00 a.m. Water Walk & Lap Swim
 9:00 – 10:00 a.m. Aqua Tone & Fit
 10:00 – 11:00 a.m. Water Walk Only
 11:00 – 12:00 p.m. Lap Swim Only
 12:15 – 1:00 p.m. Ai Chi
 1:00 – 2:00 p.m. Hip, Knee, & Back Class
 2:00 – 3:00 p.m. Water Walk Only
 3:00 – 4:00 p.m. Aqua Boot Camp
 4:00 – 5:00 p.m. Lap Swim Only
 5:00 – 5:45 p.m. Water Walk Only
 5:45 – 6:45 p.m. Advanced Aqua Fit

Friday

8:00 – 9:00 a.m. Water Walk & Lap Swim
 9:00 – 10:00 a.m. Advanced Aqua Fit
 10:00 – 1:00 a.m. Water Walk Only
 11:00 – 12:00 p.m. Lap Swim Only
 12:00 – 1:00 p.m. Water Walk Only
 1:00 – 1:45 p.m. Lap Swim Only

Saturday

8:00 – 9:00 a.m. Water Walking Only
 9:00 – 10:00 a.m. Lap Swim Only
 10:00 – 11:00 a.m. Aqua Zumba
 11:00 – 12:00 p.m. Saturday AM Boot Camp
 12:00 – 1:00 p.m. Water Walk Only
 1:00 – 1:45 p.m. Lap Swim Only

THE THERAPY POOL PASS

Passes may be purchased during regular business hours. Payment Options: personal check, cash, debit card, or major credit card.

Resident: \$45 annual / \$35 semi-annual
 Non-Resident: \$120 annual / \$65 semi-annual
 Visitor Drop In: \$5 per visit

AQUATIC CLASSES

Registration is not required to participate in an aquatic class however; there is a maximum limit of 40 participants per class. Classes are filled on a first come – first served basis. For your protection we recommend wearing aquatic shoes in the dressing rooms, in the pool, and on pool deck. Admission will be denied to anyone without a current Therapy Pool Pass. NOTE: Class schedule subject to change without notice. Call (678) 631-5541 for updates.

ADULTS: 55 YEARS & OLDER

GROUP FITNESS CLASS SCHEDULE

884 Church Street, Smyrna – (678) 631-5541

Group fitness classes are taught at the Wolfe Center (WC) and Community Center (CC). Classes are suitable for all fitness levels. Join at any time. Please wear comfortable clothing, bring bottled water and personal exercise equipment to each class.

Monday

| | |
|--------------------|-----------------|
| 10:15 – 11:00 a.m. | Fit Senior (WC) |
| 12:00 – 12:45 p.m. | Zumba (WC) |
| 1:00 – 2:00 p.m. | Chair Yoga (WC) |
| 2:00 – 3:00 p.m. | Yogalates (WC) |
| 6:00 – 7:00 p.m. | Hatha Yoga (WC) |

Tuesday

| | |
|-------------------|---------------------------|
| 8:00 – 9:30 a.m. | Intermediate Yoga (WC) |
| 9:30 – 10:30 a.m. | Senior Yoga (CC) |
| 9:30 – 11:00 a.m. | Gentle Yoga (WC) |
| 1:00 – 1:45 p.m. | Parkinson's Exercise (WC) |
| 1:00 – 2:00 p.m. | Cardio Dance (WC) |
| 2:15 – 3:15 p.m. | Have A Ball (WC) |

Wednesday

| | |
|--------------------|---------------------------|
| 8:30 – 10:00 a.m. | Yoga for Men (WC) |
| 10:15 – 11:00 a.m. | Fit Senior (WC) |
| 11:15 – 12:15 p.m. | Beginner Gentle Yoga (WC) |
| 12:30 – 1:30 p.m. | Yoga Sculpt (WC) |
| 1:30 – 2:30 p.m. | 30/15/15 (WC) |
| 6:00 – 7:00 p.m. | Hatha Yoga (WC) |

Thursday

| | |
|-------------------|------------------------|
| 8:00 – 9:30 a.m. | Intermediate Yoga (WC) |
| 9:30 – 10:30 a.m. | Senior Yoga (CC) |
| 9:30 – 11:00 a.m. | Gentle Yoga (WC) |
| 1:15 – 2:15 p.m. | Tai Chi (WC) |
| 2:30 – 3:30 p.m. | Sculpt & Tone (WC) |
| 3:45 – 4:45 p.m. | Brain Aerobics (WC) |

Friday

| | |
|--------------------|---------------------|
| 10:15 – 11:00 a.m. | Fit Senior (WC) |
| 10:15 – 11:30 a.m. | Senior Stretch (WC) |

Saturday

| | |
|--------------------|-----------------|
| 10:00 – 11:00 a.m. | Hatha Yoga (WC) |
| 11:00 – 12:00 p.m. | Zumba (WC) |

Class Descriptions

30/15/15: Thirty minutes of cardio, followed by fifteen minutes of strength moves and ending with fifteen minutes of stretching.

Brain Aerobics: Challenge yourself with word and math puzzles and games. An exercise class for your brain.

Chair Yoga: Using a chair for support in a gentle style yoga. All the benefits of traditional mat yoga while focusing on gentle stretches and coordination of breath.

Cardio Dance: Move to a mix of Latin and other world music. Class consists of stretching, core development, balance, flexibility, and basic dance moves guaranteed to get your heart pumping.

Fit Senior: Class focuses on stretching, full range of motion exercises, proper breathing techniques and body sculpting using light hand held weights.

Parkinson's Exercise: The class is designed for those diagnosed with Parkinson's disease who want to improve balance, strength, and coordination.

Senior Stretch: Take a deep breath and a gentle stretch. This class is designed for intermediate to advanced level participants.

Yogalates: A blend of yoga and Pilates. Increase flexibility, circulation, and muscle tone.

Gentle Yoga: Gently move your body from one pose to another, holding each pose to align your body properly and learn breathing exercises to reduce stress.

Hatha Yoga: A relaxed-pace, yoga class that integrates breath work with deliberate muscle elongation. No previous yoga experience needed.

Have A Ball: Toning and tightening abs, legs, glutes, and arms using an exercise ball.

Sculpt & Tone: Tone, strengthen, and stretch all major muscle groups by combining cardio work, strength moves, and body sculpting using light hand held weights.

Tai Chi: Practice Tai Chi and discover the many benefits form this ancient martial art.

Yoga Sculpt: Stretching, toning, and strengthening moves using light hand weights while holding yoga poses and balance stances.

Zumba: Hottest exercise trend! Dance your way to fitness. No equipment needed.

GROUP FITNESS CLASSES

| | |
|----------------|------------------------------------|
| Drop-in: | \$5 per class |
| Residents: | \$40 monthly for unlimited classes |
| Non-Residents: | \$45 monthly for unlimited classes |